



**Sarah Lail**

Co-Club Director / Administration

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**School Coaching Experience**

Baylor School  
Div IIAA State Champions 2014  
Div IIAA State Runner-up 2011, 2013, 2016  
Times Free Press Coach of the Year 2014  
Div IIAA Region Champs 2010, 2013, 2014, 2015, 2016  
Div IIAA Region Runner-up 2009, 2011, 2012  
Baylor Record: 299-81  
Middle School Head Coach  
Associate Athletic Director  
Head Coach Sale Creek High School 2007-09

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**Club Coaching Experience**

**2016-2017 Club Director The Academy of Volleyball**

Academy of Volleyball 4th/5th grade League Director  
Introduction to Volleyball 1st-3rd grade Coach

**2006-2016 Choo Choo City Volleyball Club**

Coached 121, 131, 151  
Board Member  
Administrative duties  
Director of Training

**2002-2005 Dig to Win Volleyball Club**

Coached 181, 161, 131, 141

**Playing experience**

**1997-2001 University of Tennessee - Chattanooga**

Southern Conference Champions 1997, 1998  
Southern Conference Runner-up 1999, 2000  
SoCon Player of the Week 1998  
NCAA Tournament appearance 1997, 1998  
Southern Conference Champion 2001 - Softball